

Getting to know.... Helen

What made you want to volunteer at the café?

I came into the cafe because I saw a member of staff giving out flyers at the school. Since then I gradually got drawn in! I like sewing, bunting and making things. My son came along to the Kids Can Cook sessions and I volunteered (along with Shirley) to run the sewing workshop, baked some cakes, then we were involved in the D Day and World War One events!

I volunteer about once a week – over the school holidays I try to offer a bit more time. Sometimes I also help out if I'm in the cafe – I clear tables etc when staff are busy.

I've always done voluntary work – with Beavers, the railway at Lakeside Park – I enjoy meeting new people.

What I really like about volunteering there....

I really like the atmosphere at the cafe – it's friendly and I get to meet lots of interesting people. Shirley and I made silly outfits for the D Day and World War One events and the photos were everywhere! It was to raise money though so for a good cause.

I've met lots of new people since volunteering at the cafe. I haven't quite mastered the coffee machine yet though. I think the cafe is great – it gets the community together. It's especially good for the older generation.

My favourite item on the menu....

Is egg on toast. A classic!



“Helen is a great help in the cafe – she’s a fast learner and very enthusiastic. Helen and Shirley make a great team – their outfits for our summer events were amazing and they did a wonderful job raising money for children’s activities.”